

Sebbie Hall

The Sebbie Hall Kindness Foundation

If you could have a superpower, what would it be? Invisibility, or maybe the ability to fly? Well, in this week's episode, we're speaking to a real-life superhero called Sebbie Hall, whose superpower is perhaps the greatest of all - his superpower is kindness.

Sebbie first discovered his superpower during the pandemic, whilst we were all in lockdown. He had told his mum that there was a boy in his school who was at risk of social isolation, as he hadn't got an iPad or laptop to talk to his classmates on or to do schoolwork with while confined to the house. Sebbie wanted to help his classmate, and was even prepared to give him his own iPad! Instead, they came up with the idea of raising money for charity, to help Sebbie's classmate as well as the wider community.

Inspired by Captain Tom Moore's 100 laps of his garden ahead of his 100th birthday, Sebbie decided that he wanted to complete 100 acts of kindness in 10 days to raise £1,000. Sebbie's acts of kindness hugely benefitted the local community during the pandemic and spread happiness! Whether by popping notes through neighbours' doors or posting letters for people because they didn't want to leave their homes, Sebbie's simple but selfless acts brightened up hundreds of people's days!

But Sebbie didn't stop there... he wanted to make more people smile up and down the country, and eventually the smiles spread around the globe! Sebbie was awarded a World Compassion Award along with \$10,000. This cash award enabled the family to set up The Sebbie Hall Kindness Foundation in 2022. The foundation has the aim of helping other young people who are disadvantaged due to disability.

Combatting loneliness, spreading kindness, making people feel happy inside and making a difference, The Sebbie Hall Kindness Foundation is a huge player in fighting the social exclusion of people with learning difficulties and enables them to lead fulfilled lives, always keeping kindness at the forefront.

TEA

with the

CHANGEMAKERS

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